

Activity Selection Ideas



Physical Recreation

- Netball
- Football - Soccer
- Basketball
- Running
- Tennis
- Swimming
- Walking
- Keep Fit
- Football - AFL
- Weight Training
- Rugby League
- Horseriding
- Dance



Skills

- Musical Instrument
- Life and Vocational Skills
- Crafts
- Hobbies
- Arts and Design
- Foreign Languages
- Sports related - officiate
- Communications
- Music other
- Games
- Cooking
- Driving



Voluntary Service

- Coaching / Instructing
- Teaching Assistance
- Leader of a Youth Club / School / Sports Club / Organisation
- Assistance at a Charity e.g. Hospice Trade Aid
- Library Volunteering
- Help and befriend elderly
- Caring for public school or garden
- Food bank / soup kitchen
- Volunteering at Church / Sunday School / Ministry / Youth Group
- Tutoring